

Flu Season Is Here Get Vaccinated Today

Who should get the vaccine?

EVERYONE 6 MONTHS AND OLDER

Everyone **6 MONTHS OF AGE AND OLDER** should get the flu vaccine. Seasonal flu vaccines have a very good safety track record.



PEOPLE AT HIGH RISK

It is especially **IMPORTANT TO GET THE VACCINE IF YOU, SOMEONE YOU LIVE WITH, OR SOMEONE YOU CARE FOR IS AT HIGH RISK** of complications from the flu.

- ✓ Children & Infants
- ✓ Pregnant Women
- ✓ Seniors
- ✓ People with Disabilities
- ✓ People with Health Conditions
- ✓ Travelers & People Living Abroad

How should I get the vaccine?

There are **TWO TYPES** of vaccine, the flu shot and the nasal spray. Both protect against the same virus strains.

FLU SHOT



Made with inactivated (killed) flu virus



Given by needle



Approved for use in healthy people older than 6 months and people with chronic health conditions

NASAL SPRAY



Made with weakened live flu virus



Given with a mist sprayed in your nose



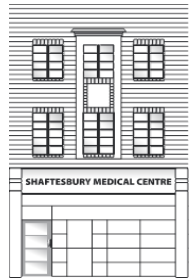
Approved for healthy people between the ages of 2 and 49, except pregnant women

The Shaftesbury Circular

The Newsletter of The Shaftesbury Medical Centre

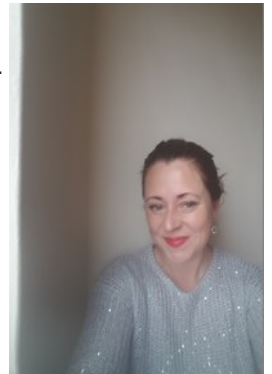
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Staff news

We are pleased to welcome Dana Leschian who joined Shaftesbury Medical Centre as Service Manager. Her responsibilities include the day to day running of the services to ensure best possible patient care, but more importantly helping to deal with the queries that any of our patients may have. In addition she is supporting the practice manager to ensure we continue to provide an excellent service to our patients along with support to our reception team. If you do encounter any problems please do not hesitate to contact Dana.



Patient Group Meeting

The next Patient Group Meeting will be held on the 13th of July 2016.

We would like to invite patients to join us in the next Patient Group Meeting on Wednesday, 13th of July at 5.30pm at the surgery. Help us in improving patient care and patient services.

YOUR SURGERY NEEDS YOU!



Carers

Do you look after someone who is ill, frail, disabled or mentally ill?

Caring for someone in need is an important and valuable role but can often be very demanding and isolating for the carer.

If you are a carer please ask for a carer's identification and referral form which you can pick up from reception. Once you have completed the form it should be handed into reception. Help is available for carers so please let us know about your situation.



Changes to building

We are pleased to announce that the practice is undergoing building a ground floor extension. We have builders on site for a number of weeks now, this will cause some disruption and we ask you to please



bear with us while the work is being completed. On completion of this work we will have two new consulting rooms on the ground floor. The patient waiting room will be bigger. This will enable the treatment room to be used again for those patients that are unable to manage the stairs and for emergency care which is needed occasionally.

It is expected the work will be completed by the end of August 2016 and I hope that you will bear with us over what is going to be a difficult time.

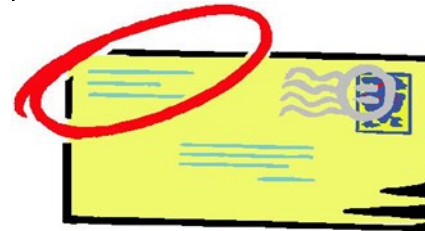
This project is supported and partially funded by NHS England's Transformation Fund.

Do We Have Your Correct Contact Details?

We may need to contact you about your care, for example inform you of test results, invite you for screening or arrange a referral. Please let us know if you change your address or telephone number so that we can keep your records up to date (proof of new address is required such as a utility bill).

Undelivered returned mail may result in patients being de-registered and patient records being recalled by NHS Harrow. This is part of the validation of practice lists process.

Subsequently patients may need to re-register so that practices can recall their records.



Keeping your records up to date will help to maintain your continuity of care at the practice.

Doctor Running Late

We aim to see patients as near to their appointment time as possible.

Delays may occur for any of the following reasons:

- ◆ Complicated medical history
- ◆ Multiple problems/symptoms
- ◆ Medical emergency requiring referral or admission to hospital
- ◆ Urgent telephone interruptions by external healthcare professionals
- ◆ Language barriers
- ◆ Patients arriving late
- ◆ New patients (no background information due to time delay in obtaining records from prior GP)

